

Problem: Hunger Exists in Every New Jersey County



More than **41 million Americans** are **food insecure**, which means they don't know if they have enough to feed themselves and their families.

Over 900,000 of them live in New Jersey. And nearly 270,000 are children – that's almost 1 in 7 kids.

Seventy-four percent of households we serve live below the federal poverty level. For a family of four, that means they're living on an annual income of about \$25,100.

They often make tough choices – deciding between food and other necessities.

OF HOUSEHOLDS THE FOODBANK SERVES...



77%

choose between utilities and food.



73%

choose between medicine and food.



70%

choose between housing and food.



75%

often purchase inexpensive and unhealthy food to cope.



Learn more at CFBNJ.ORG

Headquarters

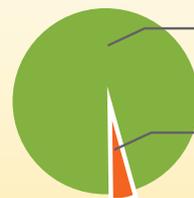
31 Evans Terminal
Hillside, NJ 07205
908.355.3663

Southern Branch

6735 Black Horse Pike
Egg Harbor Twp, NJ 08234
609.383.8843

WE'RE PROUD OF THE WAY WE MANAGE OUR FUNDS.

At the Community FoodBank of New Jersey we dedicate a remarkable 95 percent of our expenses to programs, and only 5 percent to administrative and fundraising. We want you to know that when you support the FoodBank, more of the money goes to help fight hunger in New Jersey.



95% Program Services

5% Administrative and Fundraising



FOOD HELP HOPE



We Fill the Emptiness Caused by Hunger

The Community FoodBank of New Jersey, a member of Feeding America®, fights hunger across our state by distributing food to more than 1,000 community partners, including local soup kitchens, food pantries, emergency shelters, and child and senior feeding programs.

Our hunger-relief programs also address the substantial need by delivering after-school meals for children, distributing bags of supplemental food for families, and providing job training for people looking for a second chance.

These efforts make an enormous difference for people facing hunger across New Jersey.



43%

of people we feed are children.



20%

of households we feed have a member who is currently serving or has served in the US military.



47%

of households we feed have at least one member with a paying job.



Solution: Providing Food, Help and Hope – Together

The Community FoodBank of New Jersey started in the back of our founder's station wagon and is now the lead anti-hunger organization in New Jersey.

We are on the front lines and see firsthand the impact hunger has on our communities.

Last year, we provided over 47 million nutritious meals. The FoodBank continues to expand its "hunger as a health issue" initiative – providing more fruits and vegetables, nutrition education, and medical screenings. Over a quarter of all food distributed was fresh produce.

WHERE OUR FOOD COMES FROM



Our Hunger-Fighting Programs Make a World of Difference

The FoodBank has a variety of programs that help us solve hunger. These include:

Child Feeding Programs

- **Kids Cafes:** Children receive nourishing meals after school. The program also has monthly nutrition education lessons.
- **Family Packs:** Food-insecure households with children receive supplemental food for the weekend.
- **Summer Food:** Sites serve breakfast and lunch for children at risk of going hungry during the summer, when they don't receive the school meals they rely on.
- **School Pantries:** Parents and children in high-need districts in Southern Jersey pick up nutritious food at on-site school pantries.



Job Training Program

- **Food Service Training Academy:** This free, 15-week intensive culinary training and life skills program provides students with the foundation for a better life. It started in 2000, and has since graduated more than 2,500 students with a job-placement rate exceeding 90 percent.



Additional Feeding Programs

- **Senior Boxes:** Monthly boxes of supplemental food reach seniors who live on fixed incomes that don't provide enough for their daily needs and who face mobility challenges.
- **Mobile Pantry:** This program brings food directly to areas in Southern Jersey where there are not enough food pantries and soup kitchens to address the need.
- **Emergency Food:** The FoodBank team is prepared to provide essentials like food in the case of emergencies, and we acted as a hub for food and donations during such disasters as 9-11 and Superstorm Sandy.
- **New Initiatives:** *Healthy Families Farmers Markets, Pantry at the Plex, and Food, Health & Hope: An Answer To Diabetes* are three new programs that support the FoodBank's efforts to address hunger as a health issue.

Key to Solving Hunger: Support from the Community

- **Donate Funds:** Every \$1 helps provide three meals for people in need. And by joining our Sustainers Circle, you can fight hunger on an ongoing basis. Remember, 95 percent of the funds the FoodBank receives directly supports hunger-fighting programs.

\$1 =  MEALS

- **Donate Food:** Fight hunger and reduce waste by donating food as a retailer (Retail Gleaning Program) or individual. Start a traditional or virtual food drive and encourage others to get involved.
- **Volunteer:** Volunteers are the lifeblood of the FoodBank. Last year, we had nearly 43,000 volunteer visits. They donated over 105,000 hours – equivalent to 53 full-time employees.
- **DIY Fundraisers:** Create your own event to benefit the FoodBank (run a marathon or host a dress-down day at work).
- **Spread Awareness:** Hunger is a 365-day-a-year issue that impacts us all. Share information about hunger and the work of the FoodBank through your social channels.



**By working together, we can alleviate
hunger in New Jersey.**